



Yirat Adonai

The Fear of the L-rd

יראת יהוה ראשית דעתך

The fear of the LORD is the beginning of knowledge.

The “fear of the L-rd” (*yirat Adonai*) does not denote a cringing terror of G-d but a reverential awe at the glory of His Presence as He daily descends to be involved in our lives. *Yirah* is really a form of devotion, a consciousness of the sacredness and mystery of receiving life itself from the Living G-d (*El Chai*), and essentially draws upon gratitude to G-d for this great gift.

יראת יהודא

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The fear of the Lord

Such an attitude of devotion yields wisdom (*chokhma*) which is the result of “practicing the presence” of the Lord in our daily lives. As James tells us, this wisdom is “first pure, then full of peace, gentleness, mercy, good fruits, and sincerity” (see James 3:17).

Since we are created by G-d to worship and know Him, Psalm 111:10 is often recited in the morning to remind us that the fear of the Lord is the beginning of wisdom:



ראשית חכמה יראת יהוה, טבל טוב
לכל עשיהם, תהלו עמך לעד.
ברוך שם כבוד מלכותו לעולם ועד.

“The fear of the LORD is the beginning of wisdom: a good understanding have all they that do his commandments: his praise endureth for ever. Blessed be the name of his glorious kingdom forever and ever.”

*Transliterated:*

רָאשִׁית חֲכַמָּה יְרָאָת יְהוָה, שֶׁכֶל טֹב

tov se-khel 'Adonai yir'at choch-mah rei-shit
good insight LORD the fear of the beginning of wisdom

לְכָל עֲשֵׂיהֶם, תְּהִלָּתוֹ עֲמָדָת לְעֵד.

la'ad 'o-me-det te-hil-a-to 'o-seihem le-khol
forever endures his praise who do to all

בָּרוּךְ שֵׁם כָּבוֹד מֶלֶכְוֹתָו לְעוֹלָם וְעֵד.

va'ed le-o-lam mal-khu-to ke-vod shem barukh
forever and ever his glorious kingdom Blessed is the name of

*Reishit chokhmah yirat Adonai, sekhel tov
lekhol oseihem, tehillato omedet la'ad.*

Barukh shem kevod malkhuto le'olam va'ed.